ALIVE LUXURY WELLNESS RETREATS



BESPOKE SECRET LUXURY WELLNESS ESCAPES

CREATED FOR VIP'S

OUR VIP RETREATS HELD ON THE ISLAND OF BALI
WITH A BESPOKE TEAM OF TOP INTERNATIONAL
EXPERTS OFFERS YOU THE ULTIMATE ONCE IN A
LIFETIME OPPORTUNITY TO RELEASE, RESET,
RECOVER & RE-CREATE EVERY ASPECT OF YOUR
HEALTH, LIFE, RELATIONSHIPS AND BUSINESS.



Reconnect, Rediscover, Realign, Recreate,

ABOUT ALIVE







PROVEN RESULTS
SINCE 2009







5 STAR
THE ULTIMATE IN

Whether you are seeking the ultimate spa & deep relaxation experience, a detox retreat to rejuvenate, a holistic program to de stress from burnout, an unforgettable group retreat or to fully restore mentally & emotionally... allow us to create the ultimate life changing experience.

We created our retreats not so you could escape life. But so life doesn't escape you. Our clients are some of the most extraordinary people on the planet & just like you they are seeking a deep reconnection with themselves, to go deeper and beyond just luxury.... to fall in love with life again.

We don't just support you to escape & relax in absolute luxury - we focus on a full life transformation whatever that means for you including health, habits, becoming the greatest version of yourself, re-creation of your life, relationships, purpose, life direction, career and business and a whole lot more. Every guest leaves our retreat forever changed ready to step into a new way of being with our ongoing support using our tools and team for years to come to reach their human potential with our full support.

Your bespoke program is designed to ensure release your struggles and unlock your human potential in record time.

We offer a genuinely life changing experience that offers 'outside the box results' for those who live & think 'outside the box' in life.

Not only is our program empowering, it is genuinely fun and full of warmth, proven and life changing.

The Mive Jean

YOU ARE OUR ONLY GUEST

Afull Jean Ready To Support You 1:1

- Revamp Your Health Physical Health Detox & Healing the Body
- Stress Reduction & Recreating Your Life On Your Terms
- Relationships & Connection To Yourself, The World Around You & Others
- Clarity, Presence and Focus To **Become Centred & Find Inner Peace**
- Mental & Emotional Wellbeing For Mind Transformation & True Personal Freedom
- Becoming The Greatest Version Of Yourself & A Life You Love
- Clarity On Life Direction Lifestyle, Abundance, Career, Family & More
- Purpose & Life Passion + Stepping Into Your Own Power



Stunning Petreats

DIVINE RETREAT LOCATIONS IN NATURE, LUXURY AT IT'S BEST, PRIVATE, SURROUNDED BY PEACE & THE ULTIMATE LEVEL OF SERVICE & SUPPORT.



CUSTOM PROGRAMS WITH BESPOKE PROGRAMS CREATED FOR EACH GUEST - WHERE YOU ARE OUR ONLY GUEST.



WITH A HUGE RANGE OF PROGRAM OPTIONS & WELLNESS THERAPIES YOU GET TO TAILOR YOUR PRORAM TO SUIT YOUR NEEDS & EXPERIENCE TRUE HOLISTIC WELLNESS.



WE OFFER MORE INCLUSIONS THAN
ANY OTHER LUXURY RETREAT WITH
AN ALL INCLUSIVE PROGRAM SUITED

TO THE INDIVIDUALS NEEDS.

360 DEGREE HOLISTIC PROGRAM

More inclusions & personalisation than any other retreat...

You will not find any other retreat in Bali, Australia, NZ, USA, UAE, UK, EU or Asia that offers this level of personalised attention, holistic program, peace, privacy & service with this level of support and luxury!

Since 2009 we are the most sought after retreat for good reason and it is why every guest sends many back to us.

We simply offer excellence in creating the ultimate retreat for you where you can revamp every aspect of yourself and your life, fully customised, in peace and luxury.

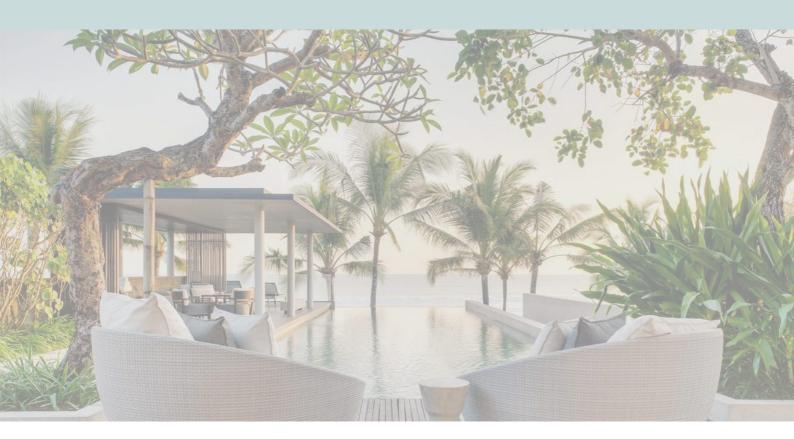
You will walk away with....

- **REVITALISED PHYSICAL HEALTH** feeling the benefits of the Alive Gut Health Cleanse & Medicinal Menu
- MIND TRANSFORMATION as you learn the mind tools that help you self calm, get present & focus on what truly matters
- **DE STRESS YOUR LIFE** using our full system for living a life to thrive instead of survive whilst eradicating burn out and stress
- TRUE INNER CALM & PRESENCE from our daily yoga, meditation & healing classes combined with time in nature to connect and reflect
- FIND YOUR PASSIONS & PURPOSE and build a life that you love leaving retreat with a whole new life direction & plan for your future
- **INNER CONFIDENCE & SELF WORTH** as you learn to become your own best friend and acknowledge your own greatness



YOUR SECRET LUXURY Retreat

RELAX IN NATURE, LUXURY & PRIVACY TO REVIVE YOUR SPIRIT IN YOUR OWN PERSONAL SPACE



Secret Locations

Your luxury residence is specifically chosen for you. Whether you desire a back to nature experience on a secluded island, a private luxury beachfront villa or a private residence combined with our program... the choice is yours.

All Inclusive Facilities

- Stunning Views In Peace Surrounded By Nature
- Pools With a View & Private In Suite Pools
- Restaurant & Dining Areas
- On site and In Room Spa
- Designated Yoga and Meditation Spaces
- Lounge and Relaxation areas
- Private Expansive Rooms & Suites
- · Removed From The Hustle & Bustle Of Everyday Life

THE ULTIMATE 5 STAR SERVICE

WE OFFER ATTENTIVE SERVICE SO YOU NEVER LIFT A FINGER



Never Lift A Finger

Well before you arrive you are in good hands. We make booking your retreat a streamlined experience with personalised serve from start to finish. You have your own designated booking manager, hosts & facilitators on retreat to ensure your needs are met, private drivers, daily service and house keeping, service & concierge team - all so that you are well taken care of because you deserve it!

• Daily housekeeping

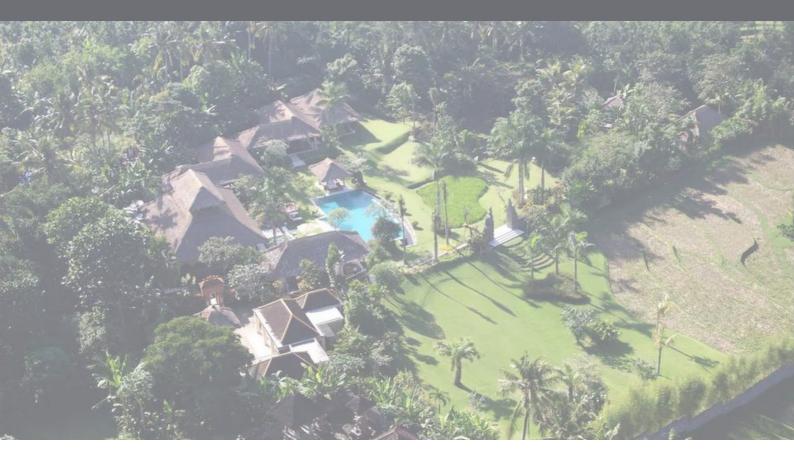
- Private drivers
- Butlers & Concierge (5 star properties only)

let Us Nurture You

- · Reception booking team
- Booking managers
- Retreat hosts and facilitators
- Spa team
- Complete 360 Wellness team



EXECUTIVE ACCOMODATION



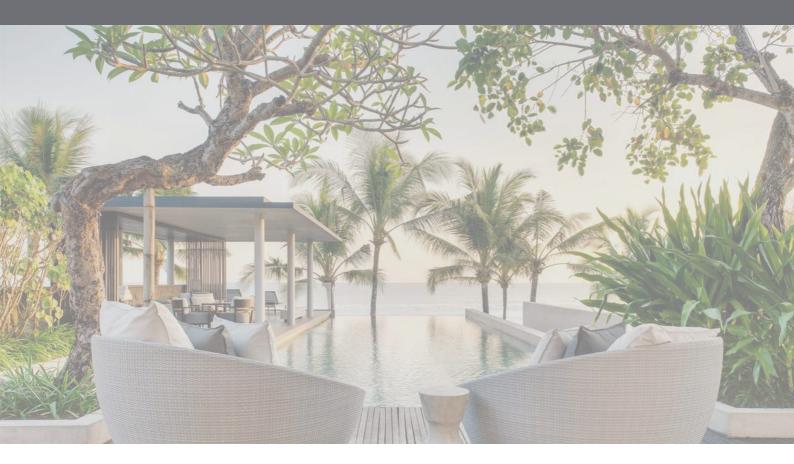
EXECUTIVE VILLAS

Our executive retreats offer you your own secluded villa on spacious grounds in an extremely secluded and hidden location. With complete privacy and no distractions you are hidden from the outside world and enjoy the ultimate level of personalised service from your wellness & villa team.

EXECUTIVE INCLUSIONS

- King beds
- Lush furnishings
- Open spaces with divine views of nature
- Lounge & desk areas
- Ensuite bathrooms with shower and bath
- Balcony and patio areas
- Absolute peace and privacy
- 1-4 bedroom villas available
- Daily housekeeping
- Room Service your own customised wellness menu & private chef
- Complete Alive Wellness Program

VIP ACCOMODATION



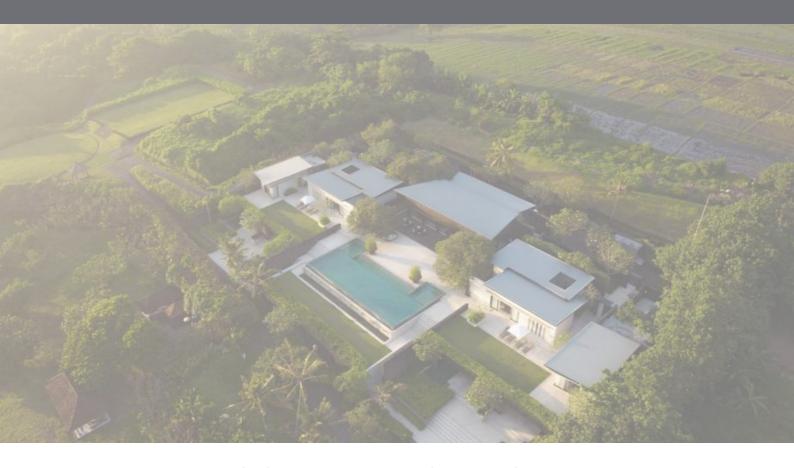
VIP VILLAS

Our VIP retreats offer you your own secluded villa on within Bali's top 5 star resort in an extremely secluded and hidden beachfront location. With complete privacy and no distractions you are hidden from the outside world and enjoy the ultimate level of personalised service from your wellness & villa team yet can enjoy the stunning facilities.

EXECUTIVE INCLUSIONS

- King beds
- 5 Star furnishings
- Open spaces with divine views of the beach
- Lounge & desk areas
- Ensuite bathrooms with shower and bath
- Balcony and patio areas
- Absolute peace and privacy
- 1-3 bedroom villas available
- Daily housekeeping
- Private butler 24/7
- Room Service your own customised wellness menu & private chef
- Complete Alive Wellness Program

ELITE ACCOMODATION



ELITE VILLAS & PRIVATE ESTATES

Our ELITE retreats offer you your own secluded residence and private estate within Bali's top 5 star resort or in a secluded area of your choice. With complete privacy and no distractions you are hidden from the outside world and enjoy the ultimate level of personalised service from your wellness & villa team yet can enjoy the stunning facilities.

EXECUTIVE INCLUSIONS

- King beds
- 5 Star furnishings
- Open spaces with divine views of the beach
- Lounge & desk areas
- Ensuite bathrooms with shower and bath
- Balcony and patio areas
- Absolute peace and privacy
- 4-10 bedroom villas available
- Daily housekeeping
- Private butler 24/7
- Room Service your own customised wellness menu & private chef
- Complete Alive Wellness Program



FINE DINING reated Only For O

Cuisine at Alive is medicine. Your own private nutritionist, naturopath and executive health foods chef will custom create a menu suited only to your needs, health goals & body. The Alive Cuisine focuses on sustainable, organic, fresh, cleansing and packed with medicinal whole foods that cleanse and revitalise.



Fresh, Wholefoods, Local Sourced Where Possible



Organic & Clean



Paleo or Keto Options



Vegan or Vegetarian



Customised Detox & Cleanse Menu



Set Daily Medicinal
Menu



Healthy Snack Options



Juices, Teas & Coffee



Dine Wherever You Wish

RELAX & RESTORE

The Altimate Ja Massage & Beauty Options

SPA & BEAUTY

Inforgettable Relaxation Treatments

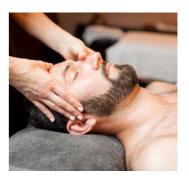
Bali is the mecca for all things nurturing and healing - including access to some of the world's best therapists for massage, 5 star spas, cutting edge beauty treatments and deeply healing body work treatments. Imagine having your own designated world class spa and beauty team on site to care for your every need? At Alive you will experience deep bliss and relaxation daily from your very own spa therapists.



A Full Range Of Massage Styles



Healing Bodywork
Treatments



Beauty Treatments For The Face & Body



Anti Ageing & Medical Spa Treatments



Remedial Treatments



Energetic Treatments



5 Star Spa Visits



In House Spa Team



As Much Spa As You Desire

INNER BLISS

World class Experts To Create Inner Jeace



INNER PEACE TEACHINGS

Reconnecting to Your Self

If you are yearning to build an unbreakable relationship with yourself and reconnect to who you really are than our highly trained expert level inner peace gurus are here to assist. Dive deeply into peace and presence with your own team supporting you to become mindful and connected through your daily peace practice.



Expert Senior Yoga Teachers for Any Level



Meditation For All Levels



Deep Relaxation To Surrender



Visualisation To Manifest



Breathwork To Release



Mindfulness For Reconnection



Silent Time to Reflect & Find Yourself



Time To Absorb Natural Beauty



Self Reflection Time To Explore

MOVEMENT

Fitness & Adventure Experiences That Inspire

FITNESS & ADVENTURE

Rejuvenate Your Vitality

Fitness at Alive offers you a full range of movement options that you will love and become passionate about. Whether you are climbing volcanoes, learning to surf, enjoying long beach or jungle hikes or loving a personally created fitness program with our trainers... you will build a strong body & a renewed sense of vitality, energy & focus.



Expert Personal Trainers



Martial Arts



Dance



Hiking In Nature



Surfing & Water Sports



Adventure Experiences



Yoga & Pilates



Fun Movement



Completely
Customised To You



UNSTOPPABLE HEALTH

Heal From the Inside Out

The cornerstone of our program is the relationship you have to your body and building a physical powerhouse that you love to live in. Working with our health experts you will revamp your health in unimaginable ways feeling the best you have ever felt using profound nutritional and biochemical processes to defy age and give you boundless energy.



Food As Medicine.
Customised Nutrition
Plans



Herbal Medicine For Natural Treatment



Natural Supplementation



Full Dashboard Holistic Testing



Biochemistry & Body Hacking



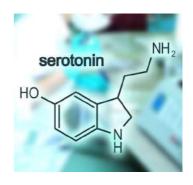
Personalised Detox Protocols



IV Vitamin Infusions, Infrared Spa, Ice Baths



Healthy Weight Mgt Plans



Natural Hormone & Neurotransmitter Balancing

PERSONAL EMPOWERMENT

Build an Unbreakable Relationship With Yourself

PERSONAL THERAPY

Become the Greatest Version Of Yourself

Imagine living as the greatest version of yourself everyday? Free from self limitations, inner struggles, habits that don't serve you and living a life full of purpose you will create a life that holds true meaning to you and receive full support to become the greatest version of yourself in record time.



Powerful Alive Life Coaching



360 Alive Process For Living Your Best Life



Complete Wellness System



Inner Healing To Release What Holds You Back



Personal & Private
Therapy That
Works



Hypnotherapy To Release The Past



Relationships Counselling



Purpose, Life
Direction Coaching



Business Coaching & Consultancy

HEALING

Spiritually Reconnect, Pelease & Restore

HEAL & RECONNECT

Therapies to Energetically Cleanse & Lighten

Bali offers a healing mecca and spiritual epicentre to explore a deep connection to yourself, release what you no long wish to hold onto and to dive deep into a culture, faith and way of life that is filled with peace. Work with our energetic team to release and let go of the past and refresh on every level.



Hypnotherapy



Reiki & Energetic Cleansing



Shamanic Breathwork



Sound Healing



Ayurvedic Healing



Traditional Balinese Healing



Spiritual Holy Water
Purification



Kinesiology



Spiritual Readings & Tarot



LICURAM

Espoke programs created just for you



Detoxify, cleanse & rejuvenate energise, rapidly improve health and heal from the inside loss experts, customised detox, a full health & wellness team & much more.



Kelaxation

A 5 star spa, beauty and deep relaxation experience in paradise with the ultimate in spa treatments delivered to your door, luxury spa visits, yoga, meditation, divine cuisine healing & time to rest in the natural beauty of your luxury villa and more.



Bespoke programs created just for you

[[ealing

experience with a deeply healing escape to nurture the soul and reconnect to what truly matters in paradise.



Burn Out

De stress your life, revive your passion & purpose and recover your energy with a 360 bespoke program for your health, life, mind & business. Supported by a holistic team uniquely chosen for you to revive every aspect of yourself and life.



Eespoke programs created just for you

Wental [] ealth

Our world renowned confidential 1 on 1 mental health transformation retreat with the full Alive Team offers you a life changing (and saving) depression, breakdown, trauma and more. Heal fast using a proven empowered approach to mental health recovery that works with your own private



*L*elationships

Our relationship reconnection retreats in privacy and luxury are for couples or families to escape into paradise whilst enjoying a full life and relationship transformation with the support of private therapists & our wellbeing



Eespoke programs created just for you

Lehab

Our world renowned confidential 1 on 1 addiction retreats with the full Alive Team offers you a life changing (and saving) program for all types of addiction. Heal fast, detox & rewire your habits, life, health & self using a proven empowered approach to addiction recovery that works in absolute privacy.



Revamp Group Petreats

Customise an executive luxury corporate or group retreat powerful coaching, business relaxation. Create an unforgettable experience in paradise with your teams to revamp health, energy, mindset & productivity in record time.





PROGRAMS OVERVIEW 7 NIGHTS

Customised 1:1 Program You Are The Only Guest

Private Movement Sessions

Private Inner Calm Sessions

Private Health & Wellness Sessions

Private Therapy, Executive Coaching & Counseling

Customised Cleanse, Chef & Detox Menu

Facilitation, Support, Mentoring

Holistic Therapies

Massage Bodywork & Spa

Adventure, Cultural & Spiritual Experiences



RELAX ME Stress & Burn

4 x Yoga, PT, Outdoor

3 x Meditation

Mindfulness, Breathwork

GP, Naturopath, Wellness

Coach, Biomedical Testing, IV

Life, Wellness & Executive

Coaching, Holistic Counseling

Private Chef, Holistic

Customised Detox Menu

Booking Concierge, Daily

Facilitator Check In, Support

Coach

Acupuncture, Kinesiology,

Regression Breathwork

RENEW ME

Yes 14-21 Day Min

5 x Yoga, PT, Outdoor

4 x Meditation Mindfulness, Breathwork

Extensive GP, Naturopath, Wellness Coach, Biomedical Testing, Natural Balancing, IV & Ozone Theraoy

Life, Wellness & Executive Coaching, Holistic Counseling, Psychotherapy, Alive Mental Health Process

Private Chef, Holistic Customised Detox Menu

Booking Concierge, Daily Facilitator, Full Time Support Coach

Acupuncture, Kinesiology, Regression Breathwork, EMDR, Hypnotherapy, Alive Trauma

Daily Massage & Spa In House or 4 5 Star Spa Visits

Full Day 5 Star Nature Adventure & Cultural Experience, Weekly Mini Experiences

RESTORE ME ddiction

Yes 21-30 Day Min

6 x Yoga, PT, Outdoor

5 x Meditation Mindfulness, Breathwork

GP, Psychiatrist, 24/7 Medical Monitoring, Naturopath, Wellness Coach, Biomedical Testing, Natural Balancing, Medical Detox, Intensive IV & Ozone Therapy

Life, Wellness & Executive Coaching, Holistic Counseling, Psychotherapy, Alive Mental Health Process, Psychitarist

> Private Chef, Holistic Customised Detox Menu

Booking Concierge, Daily Facilitator, Full Time Support Coach, Live in 24/7 Support

Acupuncture, Kinesiology Regression Breathwork, EMDR, Hypnotherapy, Alive Trauma Release

Daily Massage & Spa In House or 4 5 Star Spa Visits

> Full Day 5 Star Nature Adventure & Cultural Experience, Weekly Mini Experiences

Yes Yes 7 Day Minimum 10 Day Min Stay

3 x Yoga, PT, Outdoor

2 x Meditation Mindfulness, Breathwork

GP, Naturopath, Wellness Coach, Biomedical Testing, IV

Life & Wellness Coaching

Private Chef, Holistic Customised Detox Menu

Therapies Only, Booking Concierge, Daily Facilitator Check In

Acupuncture, Kinesiology

Daily Massage & Spa In House or 2 5 Star Spa Visits

> Full Day 5 Star Nature Adventure & Cultural Experience

Daily Massage & Spa In House or 3 5 Star Spa Visits

> Full Day 5 Star Nature Adventure & Cultural Experience

The above programs are a guide only. All programs are bespoke and created to suit your unique needs.



4 Star Private Villa Jungle or Rice Field View 2-4 Bedroom

- Private Chef
- Daily Housekeeping
- Views of Nature
- In house spa
- Complete privacy and seclusion

Wellness \$15 995 Detox \$17 995 Stress \$19 995 Mental Health \$21 995 Addiction \$29 995 Medical Detox \$37 000

Prices are for 1 person private retreat. Couples and groups POA



5 Star Private Villa | Bali's Top 5 Star Wellness Resort

- 1-3 Bedroom Ultra Private Villa
- Bali's Top 5 Star Villas
- Private Driver & Luxury Car
- **Private Executive Chef**
- Daily Housekeeping
- 24/7 Butler Service Beachfront, Hidden Beach
- 5 Star Award Winning Spa & Resort Facilities
- Complete privacy and seclusion

Wellness \$38 550 \$41 550 Detox Stress \$49 715 Mental Health \$55 609 \$59 000 Medical Detox \$POA

Prices are for 1 person private retreat. Couples and groups POA

5 Star Private Villa | Secret Estate

- 5-10 Bedroom Ultra Private Villa Estate
- Bali's Top 5 Star Villas
- Private Driver & Luxury Car
- **Private Executive Chef**
- Daily Housekeeping
- 24/7 Butler Service
- 5 Star Award Winning Spa & Villa Facilities
- Absolute Confidentiality In Secret Location

Wellness \$41 350 Detox \$45 550 \$53 715 Stress Mental Health \$59 609 Addiction \$63 000 Medical Detox \$POA

Prices are for 1 person private retreat. Couples and groups POA





WHY ALIVE?

SINCE 2009 WE'VE MASTERED THE ULTIMATE RETREAT EXPERIENCE...

Why are you truly seeking a retreat?

The Alive Retreat Process and Program is not just about a quick escape, a detox or a little pampering.

There are plenty of retreats who will give you that.

We do give you those things... but we like to go a little deeper...

Why? Because from 15 years of experience and more than 20 000 hours of phone calls we know that what you are seeking is truly more than just a little relaxation, yoga or spa.

We know that you are made for greatness, that you are unique & you desire a recipe for your health, happiness, purpose & life on your terms that will serve you for years to come...

WHATSAPP: CALL +62 821 2411 0116 | REQUEST A QUOTE



FAQ ABOUT TRAVEL

PASSPORT & VISA

- 6 Mths Validity left on your passport
- Visa on arrival for tourists of almost any country check with the Indonesian embassy here

COVID ENTRY REQUIREMENTS

- PCR TEST IS NOT REQUIRED BY BALI BUT MAY BE REQUIRED BY YOUR AIRLINE OR COUNTRIES THAT YOU MAY TRANSIT THROUGH
- VACCINATION NOT REQUIRED TO ENTER BALI HOWEVER MAY BE REQUIRED BY YOUR AIRLINE

AIRPORT PICK UP

- Our drivers will collect you from the airport on arrival all instructions sent upon booking
- We can also collect you from a hotel if you are arriving earlier
- We drop you back to your preferred hotel or airport on the last day of retreat

TRAVEL INSURANCE

- Please book travel insurance with your flight
- Health and travel insurance is a requirement of our booking

WHAT TO BRING

• A complete packing list and itinerary is sent in your booking confirmation email

FLIGHTS

• Please fly directly into Bali/Denpasar Airport

MORE FAQ?

Book a call with us to ask questions

BOOK CALL

CREATE YOUR LUXURY RETREAT ESCAPE



CREATE A BESPOKE PROGRAM

APPLY TO CREATE YOUR UITIMATE RETEAT

We offer a 100% life changing experience. Our client spaces are limited. To create your program, you or your team follow these simple steps:

1. Book Your First Call

<u>Go here</u>, select a time that suits you or those closest to you to complete a full overview of what is required to transform your life. <u>BOOK A CALL</u> OR CALL US TO BOOK OVER THE PHONE OR WHATSAPP: +62 821 2411 0116

- 2. Request a Quote Here: https://www.aliveluxuryretreats.com/request-a-quote
- 3. Complete NDA & Therapeutic Agreements & You Are Booked In
- 4. Your Entire Program & Team Is Ready In Under 48 Hrs

BOOK CALL

THE TEAM ALIVE RETREATS

+62 821 2411 0116 - CALL OR WHATSAPP director@aliveluxuryretreats.com aliveluxuryretreats.com